

# STOP BULLYING NOW!

## A guide for Gypsy and Traveller families



## Bullying is when someone hurts your child by what they say or do

### Know your rights

- your child has a right to go to school with others until they are 16
- they have a right to learn about and take part in the wider world
- the school must take care of them and keep them safe and happy
- the school should be working to prevent bullying: ask if they have a policy

### Show you care and will find help

- listen to them carefully
- ask for details of where and when it happened, who did it and what was said or done
- tell your child they are right to let you know
- tell them you will act carefully to get it stopped
- get in touch with the school
- make sure your child keeps going to school

## Some useful phone numbers

**Childline Scotland's Bullying Line**  
0800 441111  
(Mon-Fri 3:30 - 10:00 pm, Weekends 2:00-8:00 pm)

**Childline Scotland (24 hours)**  
0800 1111

## You need to know

- your rights to support your child
- where to get help and advice

Contacts: -----  
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## Do

- phone the school and make an appointment to talk to someone
- ask for their help to solve the problem
- take someone with you if you need support
- stay calm and just give the facts your child told you
- explain that you want your child to be happy at school so that they will learn

## Don't

- don't tell your child to hit back
- don't keep your child out of school
- don't get angry with the school
- don't blame anyone without proof
- don't try to sort it out yourself
- don't forget the school has a responsibility to support your child and to work with you

## Racist bullying

- hurts the whole family
- is illegal and should be reported
- the school must have an anti-racist policy and you are entitled to see it
- it is important to tell the school so they can record it and act to stop it

### Anyone can be a bully

- make sure that your child isn't one
- tell them not to tell lies or say bad things about anyone